



**Ronald
McDonald
House®**

Greater Western Sydney

Pantry essentials

- Coffee sachets
- Sugar sachets
- Breakfast spreads
- Tea
- Milo
- Long-life milk (full cream, skim, lite, almond, oat, lactose-free)
- Wholegrain cereal
- Savoury snacks (e.g., popcorn, rice snacks, pretzels, individual chip packets)
- Energy bars (e.g., muesli, granola, protein)
- Nut & fruit trail mix snack packets
- Biscuits (sweet and savoury)
- Dried fruit snack packets
- Fruit in syrup/jelly cups
- Juice pop tops/poppers
- Bottles of water (small)
- Microwave popcorn
- Easy-made pantry meals (e.g., continental packs, Mexican kits)
- 2-minute noodle cups and packets
- Mac & cheese cups and packets
- Quick rice microwave cups/packs
- Tinned tuna and salmon
- Tinned veggies (e.g., tomato)
- Tinned legumes and beans (e.g., chickpeas)
- Tinned fruit
- Baby food jars and pouches
- Baby snacks (e.g., bars, biscuits, single-serve packs)
- Toddler dry snacks
- Cake mixes

Other household essentials

- Paper towel
- Brown paper bags
- Ziploc bags (snack size)
- Bin liners (medium and large)
- Tea towels
- Hand soap
- Hand sanitiser
- Mouthwash
- Laundry detergent
- Tissues
- Hygiene products (e.g., pads, tampons, toothpaste)
- Children's body wash
- Scourers with handle
- Disinfectant spray and wipes (e.g., Glen 20, Dettol)
- Laundry powder
- Nappies (size 4, 5, 6, pull-ups)
- Nappy bags
- Bonds two-way zip bodysuits (size 0, 1, 2, 3)
- Basic kids' clothes (newborn to 10 years old; must be new/unused)
- Cot sheets
- Gift wrapping paper
- Umbrellas
- AAA & AA batteries
- Doonas (queen size)
- Baby toys (e.g., rattles, etc.)
- Crocheted toys and small handmade teddies for newborns/toddlers
- Barbie dolls
- Action figures (e.g., Batman, Spider-Man)
- LEGO (all ages)
- Activities for teenagers (e.g., UNO)
- Small art & craft for teenagers
- Entertainment activities (e.g., colouring books/pencils for kids and adults, word puzzles)
- Craft supplies

Donations will be gratefully received at 1 Labyrinth Way, Westmead 2145. These may be dropped off or delivered between 9am and 5pm, seven days a week. Please include your name and "Wishlist" as reference. Thank you for your generosity.